

WILLIAM LYON MACKENZIE GUIDANCE NEWS - NOVEMBER 2019

POST-SECONDARY PLANNING

POST-SECONDARY APPLICATION ASSEMBLY

Listen out for announcement in late-November for upcoming OUAC/OCAS assembly updates and OUAC University PIN distribution.

PARENT POST-SECONDARY PRESENTATION

If you missed the above workshop, resource materials are available in Student Services and the PowerPoint presentation is posted on our website.

UPCOMING EVENTS & OPPORTUNITIES

GRADE 9 TAKE OUR KID TO WORK DAY

Wednesday, November 6, 2019, Take Our Kids To Work Day, a program that supports career exploration and career readiness.

<https://www.thelearningpartnership.ca/events/take-our-kids-to-work-day>

STILL NEED YOUR 40 VOLUNTEER HOURS?

Come to Youth Expo on Saturday, November 9th, 1 – 4 pm at Roy Thompson Hall. A free event with over 100 non-profit organizations looking to recruit youth volunteers www.volunteertoronto.ca

SHAD ENRICHMENT PROGRAM

Shad 2020 runs from July 5 – July 31, 2020
www.shad.ca Deadline: November 18, 2019

JVS TORONTO – NEWCOMER YOUTH CONNECTION

Career Exploration Workshop November 9th, 10th and 17th
To register contact: Gabi Orbezo 416-633-1241 or gabi.orbezo@jvstoronto.org

FORUM FOR YOUNG CANADIANS

www.forum.ca
Deadline: Saturday, November 30, 2019

FULL DISCLOSURE DATE

Tuesday, November 19, 2019

ACADEMIC ACHIEVEMENT & CITIZENSHIP ASSEMBLIES

Friday, November 22nd, 2019 in the Cafetorium

MATH EXTRA HELP: BOYS NUMERACY

Tuesday at lunch in Room #227

MATH EXTRA HELP: GIRLS COUNT TOO

Thursday at lunch in Room #227

SCIENCE EXTRA HELP

Tuesdays & Thursdays at lunch in Room #106

STUDENT DATA VERIFICATION FORMS

If you have not reviewed and returned the green data verification forms please do so as soon as possible to your Home Form teachers.

PEER TUTORS WANTED

Looking for tutors interested in helping other students in Math and Sciences. Great for fulfilling volunteer community hours and gaining valuable experience. Pick up an application in Student Services today.

GRADUATING STUDENTS

QUEEN'S Chancellor's Award

www.queensu.ca
School Deadline: Thursday, November 14, 2019

SCHULICH LEADER SCHOLARSHIPS

www.schulichleaders.com
School Deadline: Friday, January 10, 2020

TD SCHOLARSHIPS For Community Leadership

www.td.com/scholarships
Deadline: Friday, November 15, 2019

SCHOLAR TREE

ScholarTree is back for another year of helping graduating students find scholarships.
www.scholartree.ca

WESTERN PRESIDENT'S SCHOLARSHIPS

https://registrar.uwo.ca/student_finances/scholarships_awards/admission/national_scholarship_program.html
School Deadline: Friday, January 17, 2020

TERRY FOX Humanitarian Award

www.terryfoxawards.ca Deadline: February 1, 2019

OSAP

Visit www.ontario.ca/osap for more information on how and when to apply for OSAP and to see what financial aid is available to help pay for your college or university tuition and other expenses.

Please visit our **SCHOLARSHIP** board outside the main office for more scholarship & award opportunities.

CAREER EDUCATION & EMPLOYMENT

Free services available for job seekers. Services offered include job search support, resume & cover letter development, interview skills, career exploration and much more.

www.myBlueprint.ca/tdsb

www.careercruising.com

Username: mackenzie

Password: lyon

VOLUNTEER OPPORTUNITIES

www.volunteertoronto.ca

www.toronto-charities.ca

www.charityvillage.com

JOB READINESS

www.canada.ca/en/services/youth

www.next-steps.ca

www.jobbank.gc.ca

JOB BANKS

www.allstarjobs.ca

www.careerfoundation.com

www.employmentnews.com

www.gojobs.gov.on.ca

www.jobbank.gc.ca

www.jobcanada.org

www.jobshark.com

www.monster.ca

www.talentegg.ca

www.regionalhelpwanted.com

www.torontoplace.com

www.workopolis.com

www.ymcagta.org

WELLNESS RESOURCES

Free child and youth mental health counselling.

GRIFFIN CENTRE WALK-IN CLINIC 416-222-4380

1126 Finch Ave West, Unit 16

www.griffincentre.org

SKYLARK 416-482-0081

www.skylarkyouth.org

KIDS HELP PHONE 1-800-668-6868

<https://www.KidsHelpPhone.ca>

MINDFULNESS APPS

Mindshift:

<https://www.anxietybc.com/resources/mindshift-app>

Calm: <https://www.calm.com>

Smiling Mind: <https://www.smilingmind.com.au>

Stop, Breathe, Think:

<https://www.stopbreathethink.com>

Mind Your Mind:

<https://mindyourmind.ca/interactives/apps>

Pacifica: <https://www.thinkpacifica.com>

Mental Health Services In Your Community

<http://www.ementalhealth.ca>

Children's Mental Health Ontario www.cmho.org

Canadian Mental Health Association www.cmha.ca

SickKids Centre for Community Mental Health

<http://www.sickkidscmh.ca>

Ontario Centre of Excellence For Child and Youth Mental Health

<http://www.excellenceforchildandyouth.ca>

CONTACT GUIDANCE COUNSELLORS at 416-395-3330

Please visit our **WHAT'S NEW, JOBS & VOLUNTEER** boards in **Student Services** as the volunteer, employment, summer internship, leadership, & enrichment program opportunities are updated and change frequently.

FOLLOW US ON TWITTER @WLMacGuidance

Ms. Klement

(B - F) Ext. 20042

Mr. Leder

(G - L) Ext. 20044

Ms. Elso-Ponzo

(A, M - R) Ext. 20045

Mr. Chippier

(S - Z) Ext. 20043