

WILLIAM LYON MACKENZIE GUIDANCE NEWS - OCTOBER 2018

POST-SECONDARY PLANNING

UNIVERSITY & COLLEGE VISITS TO WLM

University Panel: Ryerson, U of T, York U, Lattitude Gap Year	Wed. Oct 3 10:15am	Cafe
Queen's University	Wed. Oct 3 11:30am	Rm 111
University Fair (over 20+ universities)	Wed. Oct 10 3:00pm	Cafe
Dalhousie University	Wed. Oct 17 11:30am	Rm 111
Western Family Of Universities	Wed. Oct 17 3:00pm	Cafe
McGill University	Wed. Oct 17 3:00pm	Rm 111
Nipissing University	Wed. Oct 24 11:30am	Rm 111
College Panel – Centennial, Seneca, George Brown, Humber College, Sheridan, Georgian	Thurs. Oct 25 10:15am	Cafe

STUDENT LIFE EXPO

Student Life Expo helps graduating high school students upgrade their future! October 27 & 29 at Metro Toronto Convention Centre

www.studentlifeexpo.com

Ontario Universities' Fair

September 28-30, 2018 10am – 5pm
@ Metro Toronto Convention Centre

Ontario College Information Fair

October 23-24, 2018 5pm – 9pm & 9am – 2pm
@ Enercare Centre Hall B (Exhibition Centre)

Grade 12 Post Secondary Presentations

Student Services will be making Grade 12 Period 1 class visits October 1-3, 2018 to discuss the College and University application process.

Scholarships & Awards Workshop

Thursday, October 11 @ 3:15pm in the Library.

FUNNY MONEY

Financial Literacy Assembly for Grade 12s during Period 4 on Monday, October 22nd in the Cafetorium

SAT TEST DATES (U.S. Universities)

Please visit www.sat.org for more details about International Registration deadlines.

UPCOMING EVENTS & OPPORTUNITIES

STILL NEED YOUR 40 VOLUNTEER HOURS?

Come to Youth Expo on Sunday, October 21, 2018 from 1:00-4:00pm at Roy Thompson Hall. A free event with over 100 non-profit organizations looking to recruit youth volunteers

Grade 9 HOMEFORM VISITS

All Grade 9 homeforms will be visiting Student Services the week of October 22nd to meet the Guidance Counsellors and learn about the various services & resources available.

SHAD ENRICHMENT PROGRAM

www.shad.ca Deadline: November 19, 2018

GRADE 9 TAKE OUR KIDS TO WORK DAY

Wednesday, November 14th, 2018, Take Our Kids To Work Day, a program that supports career exploration and career readiness. For more information:

<https://www.thelearningpartnership.ca/events/take-our-kids-to-work-day/students>

PEER TUTORS WANTED

Tutors interested in helping other students in Math and Sciences. Great for fulfilling volunteer hours and gaining valuable experience. Pick up an application in Student Services today.

GRADUATING STUDENTS

LORAN SCHOLARSHIP

Dare to make a difference. Become a Loran Scholar. Commit to creating positive change. For more information: www.loranscholar.ca

Sponsored Deadline: October 09, 2018

Direct Pool Deadline October 24, 2018

OSAP

Visit ontario.ca/osap to see what financial aid is available to help pay for your college or university tuition and other expenses

U OF T NATIONAL SCHOLARSHIP

www.uoft.me/national-scholarship

Deadline: November 1, 2018

STUDENT ACHIEVEMENT AWARDS

The Student Achievement Awards is a writing and creative arts competition. For more information:

www.osstf.on.ca/studentachievementawards

Please visit our **SCHOLARSHIP** board outside the main office for more scholarship & award opportunities.

CAREER EDUCATION & EMPLOYMENT

Free services available for job seekers. Services offered include job search support, resume & cover letter development, interview skills, career exploration and much more.

www.myBlueprint.ca/tdsb

www.ymcagta.org

www.careercruising.com

Username: mackenzie

Password: Lyon

www.next-steps.ca

www.careerfoundation.com

www.gojobs.gov.on.ca

www.skillsforchange.org

WELLNESS RESOURCES

Free child and youth mental health counselling.

GRIFFIN CENTRE WALK-IN CLINIC 416-222-4380

1126 Finch Ave West, Unit 16

www.griffincentre.org

SKYLARK 416-482-0081

www.skylarkyouth.org

KIDS HELP PHONE 1-800-668-6868

<https://www.KidsHelpPhone.ca>

MINDFULNESS APPS

Mindshift:

<https://www.anxietybc.com/resources/mindshift-app>

Calm: <https://www.calm.com>

Smiling Mind: <https://www.smilingmind.com.au>

Stop, Breathe, Think:

<https://www.stopbreathethink.com>

Mind Your Mind:

<https://mindyourmind.ca/interactives/apps>

Pacifica: <https://www.thinkpacifica.com>



Mental Health Services In Your Community

<http://www.ementalhealth.ca>

Children's Mental Health Ontario

www.cmho.org

Canadian Mental Health Association

www.cmha.ca

SickKids Centre for Community Mental Health

<http://www.sickkidscmh.ca>

Ontario Centre of Excellence For Child and Youth Mental Health

<http://www.excellenceforchildandyouth.ca>

CONTACT GUIDANCE COUNSELLORS at 416-395-3330

Please visit our **WHAT'S NEW, JOBS & VOLUNTEER** boards in **Student Services** as the volunteer, employment, summer internship, leadership, & enrichment program opportunities are updated and change frequently.

Ms. Klement

(A-F) Ext. 20042

Mr. Leder

(G-L) Ext. 20044

Ms. Elso-Ponzo

(M-R) Ext. 20045

Mr. Chippier

(S-Z) Ext. 20043