

# WILLIAM LYON MACKENZIE GUIDANCE NEWS JUNE 2018

## POST-SECONDARY PLANNING

### TIMETABLES 2018-2019

Letters will be mailed out in the summer with instructions for Timetable and Agenda pick-up as well as School Cash Online Payment for Activity fees,

### SAT TEST DATES (U.S. Universities)

Please visit [www.sat.org](http://www.sat.org) for more details about International Registration deadlines and SAT Prep & Subject Tests.

### SAVE THE DATES

#### Ontario Universities' Fair

September 28-30, 2018  
10am – 5pm daily  
@ Metro Toronto Convention Centre

#### Ontario College Information Fair

October 23-24, 2018  
5pm – 2pm  
@ Eneercare Centre Hall B

## SUMMER PROGRAMS & OPPORTUNITIES

### SUMMER SCHOOL 2018 INFORMATION

[www.creditprograms.ca](http://www.creditprograms.ca)

**Summer School July session ONLY**  
(deadline: Wed, June 27 @ 12pm)

### e-Learning online:

July session (deadline: Tues, June 19 @ 4:30pm)  
August session (deadline: Wed, July 11 @ 4:30pm)

## GRADUATING STUDENTS

### W.L. Mackenzie C.I. Commencement 2018

Montecassino Hotel & Event Venue  
3710 Chesswood Drive, Downsview, ON  
Date: Wednesday, June 27, 2018 @ 1:00pm.  
\*\*\***STUDENTS (ONLY) MUST ARRIVE @ 11:30am**\*\*\*  
\*\*\* **Please note that parking is limited** \*\*\*

### Student Leadership Awards

Awards of \$500 scholarships for eligible graduating Grade 12 students who demonstrate exemplary community involvement. For more information visit [www.torontopolice.on.ca/d32](http://www.torontopolice.on.ca/d32)  
**Deadline:** June 15, 2018

### UNIVERSITY & COLLEGE PROGRAMS STILL AVAILABLE

For graduating students who have not received an offer of admission to your University of choice, you can use the Admission Information Service (AIS) from June 6 to August 31, 2018 to find possible openings at other Ontario universities. [www.ouac.on.ca/ais](http://www.ouac.on.ca/ais)

It's also not too late to apply for College. For more information, please visit [www.ontariocolleges.ca](http://www.ontariocolleges.ca)

### OSAP

Are you attending college or university next Fall? Visit [ontario.ca/osap](http://ontario.ca/osap) to see what financial aid is available to help pay for your tuition and other expenses.

## CAREER EDUCATION & EMPLOYMENT

Free services available for job seekers. Services offered include job search support, resume & cover letter development, interview skills, career exploration and much more.

[www.myBlueprint.ca/tdsb](http://www.myBlueprint.ca/tdsb)

[www.ymcagta.org](http://www.ymcagta.org)

[www.careercruising.com](http://www.careercruising.com)

[www.next-steps.ca](http://www.next-steps.ca)

Username: mackenzie  
Password: lyon

[www.careerfoundation.com](http://www.careerfoundation.com)

[www.gojobs.gov.on.ca](http://www.gojobs.gov.on.ca)

[www.skillsforchange.org](http://www.skillsforchange.org)

## WELLNESS RESOURCES

Free child and youth mental health counselling.

**GRIFFIN CENTRE WALK-IN CLINIC** 416-222-4380

1126 Finch Ave West, Unit 16

[www.griffincentre.org](http://www.griffincentre.org)

**SKYLARK** 416-482-0081

[www.skylarkyouth.org](http://www.skylarkyouth.org)

**KIDS HELP PHONE** 1-800-668-6868

<https://www.KidsHelpPhone.ca>

### MINDFULNESS APPS

**Mindshift:**

<https://www.anxietybc.com/resources/mindshift-app>

**Calm:** <https://www.calm.com>

**Smiling Mind:** <https://www.smilingmind.com.au>

**Stop, Breathe, Think:**

<https://www.stopbreathethink.com>

**Mind Your Mind:**

<https://mindyourmind.ca/interactives/apps>

**Pacifica:** <https://www.thinkpacifica.com>



**Mental Health Services In Your Community**

<http://www.ementalhealth.ca>

**Children's Mental Health Ontario**

[www.cmho.org](http://www.cmho.org)

**Canadian Mental Health Association**

[www.cmha.ca](http://www.cmha.ca)

**SickKids Centre for Community Mental Health**

<http://www.sickkidscmh.ca>

**Ontario Centre of Excellence For Child and Youth Mental Health**

<http://www.excellenceforchildandyouth.ca>

## CONTACT GUIDANCE COUNSELLORS at 416-395-3330

Please visit our **WHAT'S NEW, JOBS & VOLUNTEER** boards in **Student Services** as the volunteer, employment, summer internship, leadership, & enrichment program opportunities are updated and change frequently.

Ms. Klement	(A-F) Ext. 20042
Mr. Leder	(G-L) Ext. 20044
Ms. Elso-Ponzo	(M-R) Ext. 20045
Mr. Chippier	(S-Z) Ext. 20043