

WELLNESS @ MAC PRESENTS:

WELLNESS WEEK

Join us as we break the stigma
around mental wellness!

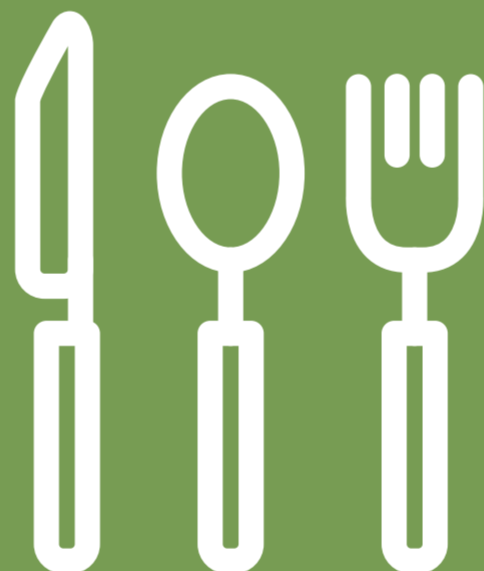
When: May 7 - 11 @ LUNCHTIME

Where: ART ROOM (ROOM 217)



MAY 14:
Make-It Monday
(DIY stressballs)

MAY 15:
Taste-It Tuesday
(make snacks)



MAY 16:
Win-It Wednesday
(learn & win prizes)



MAY 17:
Throwback Thursday
(vintage board games)



MAY 18:
Fold-It Friday
(DIY bookmarks)