

WILLIAM LYON MACKENZIE GUIDANCE NEWS APRIL 2018

GRADE 12 POST- SECONDARY & BEYOND

GRAD Breakfast and Valedictorian

All graduating students please help us celebrate this milestone with you and vote for your Class Valedictorian on Friday, May 18th Period 1 in the cafeteria.

Commencement Awards

Look out in late-April for the Self-Nominated package for William Lyon Mackenzie Commencement Awards due Wednesday, May 23, 2018.

Jean Lumb Awards

Student of Chinese Heritage are eligible for up to \$7000 of awards for various categories. For more details visit www.jeanlumbfoundation.ca
Deadline: Monday, May 21, 2018

OSAP

Are you attending college or university next Fall? Visit ontario.ca/osap to see what financial aid is available to help pay for your tuition and other expenses.

OYAP Information Sessions

Skilled Trades: Cook, Electrician, Auto Service Technician, Carpentry, Plumbing & Hairstyling
Session Date: Wednesday, March 28th at 6:00pm and Wednesday, May 16th at 1:00pm @ Central Technical School (Room: 208)
Application Deadline: Friday, June 1, 2018

STEP

Specialized Trades Exploration Program is a Co-Op program with hands-on opportunities to discover the wide range of careers available in construction. Contact Elvy Moro at: 416-395-3290 ext# 20048 elvy.moro@tdsb.on.ca
Deadline: Friday, May 18, 2018

GAP YEAR

Students across GTA can now take a purposeful Gap Year with Discovery Year Toronto.
www.discoveryyear.ca
Application Deadline: June 3, 2018

FUTURE BUILDING TORONTO 2018

Hands-On interactive construction trade experience. April 10-12 @ The International Centre (Hall 5)

SAT TEST DATES (U.S. Universities)

Please visit www.sat.org for more details about International Registration deadlines and SAT Prep & Subject Tests.

US COLLEGE EXPO

Pre-register at www.uscollegeexpo.com
Free admission @ Roy Thomson Hall (60 Simcoe St) Saturday, April 28, 2018 10:00am – 2:00pm

SUMMER PROGRAMS & OPPORTUNITIES

SUMMER SCHOOL 2018 INFORMATION

www.creditprograms.ca OPENS April 2018

U of T YOUTH SUMMER PROGRAM

Get a unique glimpse into the world of Medicine and Law. www.ysp.utoronto.ca **Deadline:** May 22, 2018

SICK KIDS SUMMER MENTORSHIP PROGRAM

Students will be assigned to a wide range of laboratory tasks from preparing solutions and media to assisting in basic research and participate in a variety of science-related workshops.
Application Deadline: Sunday, May 27, 2018

HUMANITIES FOR YOUNG PEOPLE

Residential summer program at University Of King's College in Halifax. Theme for 2018: Migration
<http://hyp.ukings.ca>
Deadline: Friday, May 18, 2018

Please visit our **WHAT'S NEW, JOBS & VOLUNTEER** boards in **Student Services** as the volunteer, employment, summer internship, leadership, & enrichment program opportunities are updated and change frequently.

Please feel free to contact your guidance counsellor for any concerns Tel: 416-395-3330

Ms. Klement	(A-F) Ext. 20042
Mr. Leder	(G-L) Ext. 20044
Ms. Elso-Ponzo	(M-R) Ext. 20045
Mr. Chippier	(S-Z) Ext. 20043

WELLNESS RESOURCES

Free child and youth mental health counselling.

GRIFFIN CENTRE WALK-IN CLINIC 416-222-4380
1126 Finch Ave West, Unit 16
www.griffincentre.org

SKYLARK 416-482-0081
www.skylarkyouth.org

KIDS HELP PHONE 1-800-668-6868
<https://www.KidsHelpPhone.ca/>



Mental Health Services In Your Community
<http://www.ementalhealth.ca/>

Children's Mental Health Ontario
www.cmho.org

Canadian Mental Health Association
www.cmha.ca

SickKids Centre for Community Mental Health
<http://www.sickkidscmh.ca/>

Ontario Centre of Excellence For Child and Youth Mental Health
<http://www.excellenceforchildandyouth.ca/>

MINDFULNESS APPS

Mindshift:
<https://www.anxietybc.com/resources/mindshift-app>

Calm:
<https://www.calm.com/>

Smiling Mind:
<https://www.smilingmind.com.au/>

Stop, Breathe, Think:
<https://www.stopbreathethink.com/>

Mind Your Mind:
<https://mindyourmind.ca/interactives/apps>

Pacifica:
<https://www.thinkpacifica.com/>

CAREER EDUCATION

Both of these websites can help with writing your resume or cover letter.

www.careercruising.com
Username: mackenzie
Password: lyon

www.myBlueprint.ca/tdsb

EMPLOYMENT

YOUTH JOB LINK

This program assists youth who are looking for their first job www.skillsforchange.org

SUMMER EMPLOYMENT OPPORTUNITIES

Ontario Public Service, related agencies and community groups, provide up to 5,000 students with jobs across the province to help develop transferable skills, support their career goals and learn more about the Ontario Public Service! Visit www.gojobs.gov.on.ca for closing dates.