

**WILLIAM LYON MACKENZIE
GUIDANCE NEWS
MARCH 2018**

**GRADE 12 POST-
SECONDARY & BEYOND**

OSAP

Are you attending college or university next Fall? Visit ontario.ca/osap to see what financial aid is available to help pay for your tuition and other expenses. This year, about one-third of students attending college or university full-time are receiving free tuition from OSAP. Use the calculator to see what you may be eligible to receive. Apply early and use the OSAP comparison tool to help you make the best choice for your future.

OYAP Information Sessions

Skilled Trades: Cook, Electrician, Auto Service Technician, Carpentry, Plumbing & Hairstyling
Session Date: Wednesday, March 28th at 6:00pm and Wednesday, May 16th at 1:00pm @ Central Technical School (Room: 208)
Application Deadline: Friday, June 1, 2018

STEP

Specialized Trades Exploration Program is a Co-Op program with hands-on opportunities to discover the wide range of careers available in construction. Contact Elvy Moro at: 416-395-3290 ext# 20048 elvy.moro@tdsb.on.ca
Deadline: Friday, May 18, 2018

GAP YEAR

Students across GTA can now take a purposeful Gap Year with Discovery Year Toronto.
www.discoveryyear.ca
Application Deadline: June 3, 2018

FUTURE BUILDING TORONTO 2018

Hands-On interactive construction trade experience. April 10-12 @ The International Centre (Hall 5)
www.futurebuilding.ca

SAT TEST DATES (U.S. Universities)

Please visit www.sat.org for more details about International Registration deadlines and SAT Prep & Subject Tests.

CASPer Test Dates:

University of Ontario Institute of Technology's Collaborative Nursing Program for more details visit www.uoit.ca/

RYERSON UNIVERSITY VISIT

Thursday, March 8 @ 11:30 in Room: 111

COMMUNITY SERVICE HOURS

*Reminder due date: March 31, 2018

**SUMMER PROGRAMS
& OPPORTUNITIES**

U of T YOUTH SUMMER PROGRAM

Get a unique glimpse into the world of Medicine and Law. www.ysp.utoronto.ca Deadline: May 22, 2018

SUMMER SCHOOL CO-OP 2018

Completed application packages must be emailed to experientiallearning@tdsb.on.ca by March 7, 2018.

SUMMER SCHOOL 2018 INFORMATION

www.creditprograms.ca OPENS April 2018

IVEY Summer Leadership Program

Learn more at ivey.ca/summerleadership
Deadline: Friday, March 16, 2018

HUMANITIES FOR YOUNG PEOPLE

Residential summer program at University Of King's College in Halifax. Theme for 2018: Migration
<http://hyp.ukings.ca>
Deadline: Friday, May 18, 2018

Please visit our **WHAT'S NEW, JOBS & VOLUNTEER** boards in **Student Services** as the volunteer, employment, summer internship, leadership, & enrichment program opportunities are updated and change frequently.

Please feel free to contact your guidance counsellor for any concerns Tel: 416-395-3330

Ms. Klement	(A-F) Ext. 20042
Mr. Leder	(G-L) Ext. 20044
Ms. Elso-Ponzo	(M-R) Ext. 20045
Mr. Chippier	(S-Z) Ext. 20043

WELLNESS RESOURCES

Free child and youth mental health counselling.

GRIFFIN CENTRE WALK-IN CLINIC 416-222-4380

1126 Finch Ave West, Unit 16

www.griffincentre.org

SKYLARK 416-482-0081

www.skylarkyouth.org

KIDS HELP PHONE 1-800-668-6868

<https://www.KidsHelpPhone.ca/>



Mental Health Services In Your Community

<http://www.ementalhealth.ca/>

Children's Mental Health Ontario

www.cmho.org

Canadian Mental Health Association

www.cmha.ca

SickKids Centre for Community Mental Health

<http://www.sickkidscmh.ca/>

Ontario Centre of Excellence For Child and Youth Mental Health

<http://www.excellenceforchildandyouth.ca/>

MINDFULNESS APPS

Mindshift:

<https://www.anxietybc.com/resources/mindshift-app>

Calm:

<https://www.calm.com/>

Smiling Mind:

<https://www.smilingmind.com.au/>

Stop, Breathe, Think:

<https://www.stopbreathethink.com/>

Mind Your Mind:

<https://mindyourmind.ca/interactives/apps>

Pacifica:

<https://www.thinkpacifica.com/>

CAREER EDUCATION

Both of these websites can help with writing your resume or cover letter.

www.careercruising.com

Username: mackenzie

Password: lyon

www.myBlueprint.ca/tdsb

EMPLOYMENT

FOCUS ON YOUTH

Summer employment opportunities (must be 16 years of age by July 1st, 2018)

www.tdsb.on.ca/focusonyouth

Deadline: Monday, March 5, 2018

YOUTH JOB LINK

This program assists youth who are looking for their first job www.skillsforchange.org

SUMMER EMPLOYMENT OPPORTUNITIES

Ontario Public Service, related agencies and community groups, provide up to 5,000 students with jobs across the province to help develop transferable skills, support their career goals and learn more about the Ontario Public Service! Visit

www.gojobs.gov.on.ca for closing dates.