## SickKids Centre for Community Mental Health

## FREE PARENT WORKSHOPS

for parents of school aged children



PLACE: SICK KIDS CENTRE FOR COMMUNITY

MENTAL HEALTH

Frame with the course of THE HINCKS DELL CREST CENTRE

(Formerly known as THE HINCKS-DELLCREST CENTRE)

SITE LOCATION: 1645 SHEPPARD AVENUE WEST

(Sheppard Avenue between Jane & Keele streets)

## FAMILIES FIRST TION & EARLY INTERVENTION PROGRAI

## HELPING TWEENS WITH SMART & SAFE DIGITAL MEDIA PARTICIPATION

Thursday Nov. 23rd, 2017 6:00 - 7:30 pm



In the age of technology, it's difficult to know how we can help our young people with smart and safe digital media participation. Learn more about online issues that commonly affect them, as well as effective parenting strategies to help you work together with your young to create a safe digital environment. This workshop is primarily focused on pre-teens or "tweens" and offers parents some advice prior to or around the time they are thinking of giving their child a smart phone.

Presented by Bethany Good, MSW, RSW

REGISTRATION IS REQUIRED AND AVAILABILITY OF CHILDREN'S GROUPS & CHILD SUPERVISION WILL BE CONFIRMED AT THE TIME OF YOUR REGISTRATION. Call 416 - 924 - 1164 or 1 - 855 - 944 - HOPE (4673) ext. 2167 TO RESERVE YOUR SPOT.